

RAINBOW MESSENGER AUGUST, 2009

DAILY ACTIVITIES:



- **WALKING:** - In climate-controlled banquet room, twenty-five (25) laps equals a mile.



- **OUTSIDE WALKING TRAIL:** - Each lap equals 1/3 Mile.



- **FITNESS ROOM:** Open for your convenience Monday – Friday from 8:00 a.m. to 3:45 p.m. (We ask that you please register at the front desk when using the fitness room.)



- **CARDS:** - Card tables available for your use on a daily basis.



- **BILLIARDS/POOL:** Pool tables available Monday – Friday from 8:00 a.m. to 3:45 p.m. except Wednesdays from 1:00 to 3:45 p.m.



- **COMPUTER LAB:** - The computer lab is available for your personal use daily. **FREE** computer assistance is available every Wednesday morning from 9:00 to 10:30 a.m. Ryan and Jack are here to assist you and answer your questions regarding computer. Come in and let them help you out!!

REGULAR SCHEDULED ACTIVITIES:



- **EXERCISE CLASS** meets Monday and Thursday mornings at 9:00 a.m. We meet in the Banquet Room. Our exercises are designed to help keep your joints limber.



- **TLC CLASS (Tender Loving Crafts Class):** Are you ready to try something new? We've got just the thing for you! Join the TLC (Tender Loving Crafts) Class at **9:00 a.m. Tuesdays** in the Craft Room. The studio fee is \$3.00 per session. Project supplies will be at cost. Stop by and see what we're making. Betty Hoffman is the delightful teacher who comes up with the various projects. This month projects are:

August 4th – Build-A-Bear

August 11th – Rock Art

August 18th – Paper Beads

August 25th – Necklace, Bracelet, Ear Rings



- **SINGING SENIORS:** The Singing Seniors meet on Friday mornings at **10:00 a.m.** at the Habig Center. **On Friday, August 21st we will be singing at The Waters in Jasper at 10:00 a.m.** Come join them some time. Please note the time change!



- **BINGO** will be held on **Tuesdays, August 11th and 25th** beginning at **12:00 noon.** We ask you to keep bills to \$5 and under or correct change. Thanks for your cooperation. Cost \$1.00 per card to play all 50 games and \$.25 to play in the two coveralls. Beginning at 11:30 a.m. someone will be there to collect.



- **QUILTING BEES** will be held on **Mondays, August 10th and 24th from 9:00 a.m. to 3:00 p.m.** All quilters are welcome to attend and lunch will be provided. We appreciate all the quilting that you do for us!!

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• **CARD TOURNEYS:**

- **Thursday, Aug. 6th**
Euchre Tourney
- **Thursday, Aug. 20th**
Sheephead Tourney

Games start at 12:00 (noon) and last till at least 3:00 p.m. \$1.00 entry fee is requested and prizes will be given away. Please sign up by 10:00 a.m. the morning of the tourney. **Both tourneys consist of six (6) games per tourney.** Hope you'll join us.

- **CATERED MEAL:** Our monthly catered meal is **Tuesday, August 18th** by Meyer Catering at **11:30 a.m.** The menu is: Barbeque Pulled Pork, Creamy Potato/Cheese Casserole, California Medley, Pasta Salad and Iced Tea. **Reservations are due by 12:00 p.m. Tuesday, August 11th.** Cost of the meal is \$6.00 (please have correct change) and will be collected at the door.



- **CROCHET CLUB** will meet at **1:00 p.m. Wednesday, August 12th.** Any Senior Citizen who crochet is welcome to join the club. We'll be sharing patterns. Bring your crochet hook, thread/yarn and pattern to crochet. This is also a time to show off what you're making or ask questions if you're having trouble. New ladies are always welcome.

*******SPECIAL ACTIVITIES:*******

- **LUNCH BUNCH:** We'll be enjoying lunch at the **Schnitzelbank on Monday, August 31st at 11:30 a.m.** As always you can order what you want and everyone pays their own bill. Enjoy lunch out with your friends by calling your **reservations in to the Center by 12:00 p.m. (noon) on Monday, August 24th.** Hope to see you there!!



- **BOOK CLUB:** If you like to read, please join our Book Club. The Club meets **Wednesday, August 5th at 1:00 p.m.** to discuss the book "The Chocolate Lover's Club" a novel by Carol Matthews, published by Thomas Dunn Books. This month we'll have a special treat for those coming to the discussion. Don't forget to bring your suggestions for a book to read for September. We'll be reading "The Guernsey Literary & Potato Peel Pie Society" by Mary Ann Shaffer & Annie Barrows. It doesn't matter what type of book you like to read: humorous, drama, romance—we're trying to cover all the bases. Just come in and give us a try.



- **TEXAS HOLDEM:** Join us for a Texas Holdem Tourney on **Thursday, August 27th at 12:00 p.m.** Cost is \$1.00 for your chips. The winners will receive a cash prize.



Please sign up by 3:00 p.m. on Wednesday, August 26th.

- **SUNDAYS:** The Center will be open Sundays from 1:00 to 4:00 p.m. for your enjoyment. Thanks for offering to open the Center. We're still looking for volunteers to open on Sundays. Please call the Center at 482-4455 if you can open for us.
- **THE HABIG ROOM:** The Habig Room will be open for touring by appointments. Call the office at: 482-4455 to set up a time that is convenient for you. Thank you.

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• TRIPS:



• ELLIS PARK: Mark your calendar for **Saturday, August 29th.** We have reservations to attend the horse races at Ellis Park. We will be watching the races from the Sky Theatre. You will get the all day buffet, reserved seating, live racing programs and iced tea or coffee; tax and gratuity are included. Cost of this trip which includes transportation is \$50.00. **We will leave the Jasper Armory Parking lot at 10:30 a.m.,** pick up in Huntingburg upon request. We will stay for all the races. **Sign-ups will start at 7:30 a.m. on Monday, August 3rd by phone.** Each caller may sign up to four (4) Dubois County Senior Citizens (55 and older) per phone call. **Money is due by 3:00 p.m. on Monday, August 10th.**

• FUTURE TRIP:

• DERBY DINNER PLAYHOUSE:

Another trip to Derby Dinner Playhouse has been scheduled for **Wednesday, September 23rd.** This time we're going to see **"JOSEPH AND THE AMAZING TECHNICOLOR DREAMCOAT".** Derby Dinner bills this as, "The award winning Andrew Lloyd Webber musical brings the bible to the stage with the Old Testament story of Jacob's most beloved son. Featuring a variety of musical styles, this exhilarating musical is guaranteed to delight every member of your family." Cost of the trip will be \$45.00 for transportation, dinner, show, tax and gratuity. **Sign-ups start at 7:30 a.m. by phone only on Thursday, August, 13th. Money is due by 3:00 p.m. on Friday, August 28th. We will leave the Armory Parking Lot at 9:30 a.m.** Pick-ups can be made at Huntingburg and Ferdinand upon request.



HAPPY AUGUST BIRTHDAYS!!

1st Clara Hurm
3rd Charlene Cooper
6th Mick Gramelspacher
10th Anna Marie Bohnert
14th Bertha Brames
14th Mary Lou Campbell
19th Fern Bonifer
19th Jerome Klein
19th Mary Wirthwein
24th LaVerne Berg
24th Andy Vogler
25th Mary Durcholz
25th Virginia Mundy
28th Valeda Moeller
29th Betty Heichelbech
30th Mary Fuhs
31st Dorothy Schuetter
31st Hilda Klein



RECIPE EXCHANGE:

GLAZED BABY CARROTS

1-Packet (1 oz.) Hidden Valley Original Ranch Dressing Mix
1/4-Cup Butter
1/4-Cup Brown Sugar
1-Pkg. (16 oz.) Baby Carrots Cooked

Melt butter and brown sugar in pan; add cooked carrots. Stir well and cook for 5 minutes.

Serves 4-6 persons.

Submitted by: Virginia Mundy